

PARENTING SURVEY

In the name of good parenting, it's always a wise thing to check out the job we are doing or not doing. Sometimes the demands of parenting are such that you just do it, and it's not until things start to come unraveled that we question what's going on. Yet even at the point of questioning ourselves, we seldom stop to assess and amend what must be done in order to get a better result. Take the survey and based upon your answers, determine if changes are necessary.

1. When was the last time you authentically affirmed your daughter's worth?
2. In your opinion, are you currently being the best example you can be for your daughter?
3. What part of yourself shows up in your daughter the most?
4. The most profound way that my parents' parenting affects my parenting is?
5. How often do you tend to yourself in the midst of parenting?
6. How open are you to receiving respectful feedback from your daughter?
7. In your opinion, what about your parenting style is not working for you or your daughter?
8. The more I parent, the more I realize...
9. Is there a place in your role as a parent for apologizing when you have messed up?
10. If given the chance to start over, what would you do differently as a parent?
11. How does your daughter know that you love her?
12. As a parent, I believe that my primary role is to...
13. What challenges you most about parenting your daughter?